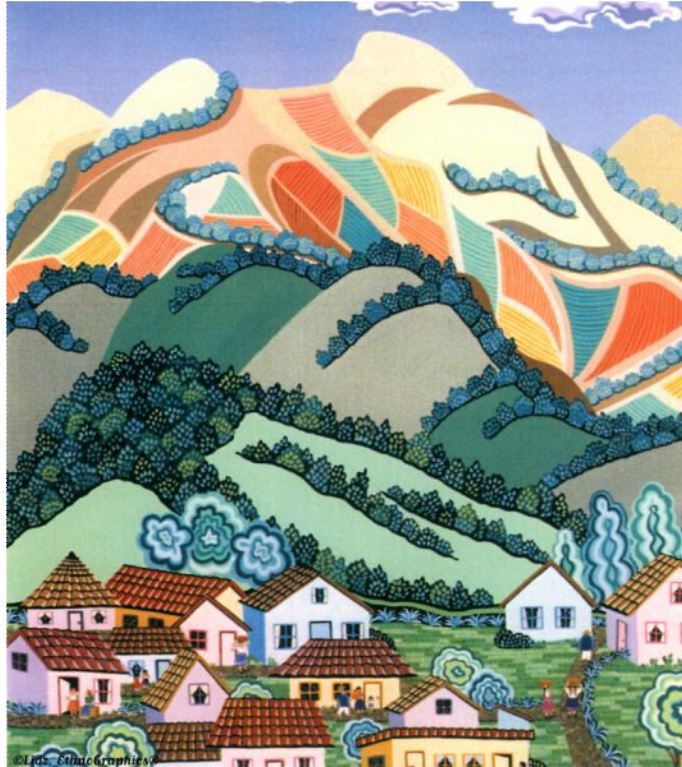


DEKALB COUNTY C.A.R.E
(Community Assistance and Resources for Everyone)

Community Resource Manual



Residents may call 2-1-1 or go to www.211tn.org for these and additional resources.





DeKalb County C.A.R.E
(Community Assistance and Resources for Everyone)
Community Resource Manual

This is the first edition of the Community Resource Manual. It is designed to help the community locate resources in DeKalb County.

***IMPORTANT COMPONENTS OF THIS RESOURCE
MANUAL***

- Categorized based on specific needs.
 - For example: food, clothing, shelter, etc.

- Most of the resources in this directory should be free. **However**, some resources may require a sliding scale fee, TennCare, or private insurance.

- This manual is updated on a continuous basis due to the constant changing of community resources. The Website will have the most current information:

We appreciate any additional resources that may come to your attention. Should you have any questions or concerns feel free to contact one of the following state agencies for further assistance:

Department of Children's Services, Department of Health and Upper Cumberland Human Resources Agency. (Contact information listed below)

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Department of Children’s Services (DCS) Contacts

Psychologist	Carolyn Valerio	931-646-3019
TNCare Representative	Cherie Long	931-646-3042
Educational Specialist	Rebecca Whitehead	931-646-3028
DCS Fiscal Director	Vacant	931-646-3005
DCS Fiscal TL	Amy Wilson	931-646-3151
DCS Fiscal PSG Approver	Larra Bush	931-646-3061
Placement Specialist	Jennifer Morgan	931-646-3024
Placement Specialist	Melanie Pigg	931-646-3022
Post Custody TL	Felicia Harris	931-646-3112
Central Intake		1-877-237-0004

UPPER CUMBERLAND HEALTH RESOURCES
AGENCY (UCHRA)

They assist with many different programs such as: Low income home energy assistance program, Regular Heating Assistance, Weatherization Assistance Program, Emergency Services Program, Information and Referral Services, Child and Adult Care Food Program , Child Care Certificate Program, Disability Navigation (DISNAV), Community Intervention for Juvenile Offenders, Adult Community Corrections, DUI School, Juvenile Accountability Incentive Block Grant, Elderly Nutrition, Workforce Investment Act Program, Youth, U-Carts, Rural Commuter “ Van Pool” Program, Job Access Program, Temporary Emergency Food Assistance Program (commodities), Driver’s Education, Career Center.

DeKalb County- 527 West Main St. Smithville, TN 37166 615-597-4504

Health Department

DeKalb County Health Department- 373 Allen Ferry Rd. Smithville TN
37166 615-597- 7599

SCOPE OF SERVICES

The Tennessee Department of Health's mission is to promote, protect, and improve the health of persons living in, working in, or visiting the State of Tennessee.

Charges for most all clinical services are provided based on a sliding fee scale determined by the number in the family and total income. Services are never denied because of the person's inability to pay. Other services are based on set fees established by the governing body of the State of Tennessee and sliding fee scale does not apply.

- **Child Health Services**

Providing immunizations, complete well child check-up, physical exams, development assessments, vision and hearing screening, routine laboratory testing for birth defects, tuberculosis, anemia, lead contamination, all communicable disease and education of caring for children to prevent infant mortality.

- **Dental Services**

Clinical service population is children ages 3 to 21 years, providing dental exams, x-rays, cleanings, fluoride treatment, sealants, fillings, simple extractions, and referral for extensive treatments. Dental prevention services goes into local schools and head start facilities providing exams and sealants at no charge.

- **EPD&T**

Early Periodic Screening Diagnosis and Treatment service provided for children on TennCare and Department of Children Services for ages birth to 21 years. Complete physical exam, development assessment, hearing and vision screening, testing and referrals made for any abnormalities detected.

- **HUGS**

Helping Us Grow is home visiting services for children and prenatals at risk. Providing educational activities fostering physical, social, emotional and intellectual development. Through this program referrals from the Department of Human Service participants are visited and assessed for safety and well being documenting the visit and reporting outcomes for program compliance.

- **CSS**
Children Special Services is providing counseling and social service assistance to children with special needs either physical or mentally challenged.
- **Family Planning Services**
Services provided for any female of child bearing age include; physical exam, breast and cervical screening, education, assessment, pregnancy prevention methods, and monitoring.
- **Communicable Disease Prevention and Control**
Services provided for all age groups testing, counseling, treatment, and contact follow-up for tuberculosis, sexually transmitted disease, HIV, food borne illness, and contagious disease outbreaks.
- **Prenatal Services**
Participating in a grant through the Putnam County Health Department, prenatal care to the pregnant Hispanic women who have no medical resources is being provided by referral. This service reduces the risk of costly deliveries and neonatal care burden to the State of Tennessee, other Health Care Providers and Facilities.
- **Adolescent Pregnancy Prevention**
Promoting total community involvement concerning the problem of adolescent pregnancy by establishing and maintaining representation with Local Community Health Councils. Providing education and counseling programs supported through schools, churches and the community.
- **WIC and Breastfeeding Promotion**
Women, Infant and Children supplement food program based on physical and nutritional risks. Staff provides nutritional counseling and vouchers to purchase specific nutritional foods to enhance the diet promoting good health, growth and development. Peer counselor provides support, education and counseling to new mothers promoting the health benefits of breast feeding their babies.
- **Primary Care Service**
Primary health care is provided to the uninsured population of the community through physical exams, counseling, education, diagnostic testing, and limited health maintenance drug treatment. PCS Continued: Therapeutic care is provided through exams, diagnostic testing and treatment with limited medications.

- **Pharmacy Assistance Program**
 We have staff that assists patients in obtaining medications which is not included in our local formulary. Staff helps identify and assist in making application to the major pharmaceutical companies via the internet which provide medications for individuals on limited incomes and no insurance benefits.
- **Immunization Program**
 Children's immunizations are the major component for preventing common childhood diseases such as; Measles, Mumps, Rubella, Chicken Pox, Diphtheria, Tetanus, Whooping Cough, Polio, Hepatitis A and B, Haemophilus Influenza, Human Papillomavirus, Rotavirus, Influenza and Meningitis, these once considered harmless diseases now proven to have complication which are crippling and deadly. We now provide adult immunizations for prevention of Tetanus, Whooping Cough, Hepatitis A and B, Influenza, and Pneumonia.
- **Environmental Health**
 Food and General Sanitation Environmentalists provide regular restaurant, hotel and motel, and pool inspections to prevent the spread of disease and infections. Ground Water Environmentalists provide inspection and directions of septic systems installation to protect the public from contaminating bacteria.
- **Community Health Councils**
 Promote, facilitate and partner with local Community Health Councils, Coordinated School Programs, and Faith Based Organizations to identify areas of concern and take appropriate action determined by the local citizens to be of great importance in improving the health and well being of their community as a whole.
- **Emergency Preparedness Program**
 The local department of health staff will be key players in responding to the needs of the public in the event of a man-made or natural disaster. We will partner with local, state, and federal emergency agencies to protect and care for the citizens of this community.

Alcohol Drug

(Including local METH problems)

Cumberland Presbyterian Church Smithville, TN- AA meetings
Mondays from 7:30 – 8pm, Contact Al Yost 615-597-4197

DeKalb County Crime Stoppers- Smithville TN 37166
615-597-4935/464-6046

DeKalb County Sheriff's Department- Smithville TN 37166
651-597-4935/911 Emergencies

Drug Abuse Hotline- 1-800-888-9383
(Call to report illegal drug activity)

Healing Hearts Counseling Center – 612 South Congress Blvd., Suite F,
Smithville, TN 37166. 615-597-HOPE (4673) - mental health counseling to
families affected by drug abuse, referrals to rehab/detox centers

John & Kay Quintero, Mission Service Corp_-Smithville TN 37166
615-597-8978 (Provides referrals to drug rehabilitation centers)

METH Hotline/Statewide – 1-877-866-6384 (Call to report suspected Meth
activity)

Plateau Mental Health- West Broad St., Smithville TN 37166
931-597-4284 (*Assist persons with disabilities/mental illness & drug abuse*)

Smithville City Police Department- Smithville TN 37166 615-597-8210

Smithville Narcotics Anonymous group- 198 South Third St. Smithville,
TN 37166 (American Legion Building)
1-866-360-5970 (24 hour information line).
Tuesdays, Wednesdays, Saturdays and Sundays – 7:00p.m. – 8:00p.m.
There is a play area for children.

Volunteer Behavioral Health Care System- 1-800-576-6057 Mental
health needs, addictions, CSU. Respite, 24/7 walk in center, mobile crisis
response team.

Bereavement

Healing Hearts Counseling Center- 612 South Congress Blvd. Suite F
Smithville, TN 37166 - 615-597-HOPE (4673)

John & Kay Quintero, Mission Service Corp- Grief Support group 10 am -
Wednesdays , Smithville TN, 615-597-8978
(They provide support groups in boundaries, grief support, and dealing with past hurts)

Child Care

DeKalb County

Granny's Playhouse – 3784 Cookeville Hwy Smithville, TN 37166
615-597-9481 (*call for fees*)

Granny's Playhouse II – 3710 Cookeville Hwy Smithville, TN 37166
615-597-4534 (*call for fees*)

Happy Days Child Care-706 South College St. Smithville, TN 37166 615-
597-5800

Lisa's Day Care – 313 high St., Alexandria, TN 37012
615-529-2748 (*call for fees*)

Little People Day Care- 409 North Mountain St., Smithville TN 37166
615-597-8786 (*call for fees*)

Little Tyke- 764 Big Hurricane Road, Smithville TN 37166
615-597-8854 (*call for fees*)

Mary's Little Lambs- 4990 Cookeville Highway, Smithville TN 37166
615-597-1518 (*call for fees*)

Miss Ella's Day Care- 4104 New Home Rd. Smithville, TN 37166
615-597-1658

Rainbow Play School- 712 Walker Dr., Smithville TN 37166
615-597-8777 (*call for fees*)

Shirley's Day Care-1001 South Mountain St. Smithville, TN 37166 615-
597-1435

Tiny Tot Child Care and Tutoring- 4026 Nashville Hwy Dowelltown, TN
37059 615-597-1284

DeKalb High School Leaps Program- 1130 West Broad St. Smithville, TN 37159 615-597-4094

DeKalb Middle Leaps Program- 1132 West Broad St. Smithville, TN 37166 615-597-7987

DeKalb West Elementary Early Childhood- One Bulldog Lane, Liberty, TN 37059 615-597-4084

Smithville Elementary School- 221 East Bryant St. Smithville, TN 37166 615-597-2914

Smithville Head Start- 118 Kimberly Lane. Smithville, TN 37166 615-597-5168 (*free service*)

Child Support

Legal Aid Society of Middle Tennessee and the Cumberland-
9 South Jefferson St. Cookeville, TN 38501 931-528-7436 or 1-800-262-6817. Serves all 14 counties, provides free legal assistance to low- income persons on such issues as TennCare, Child Support, Medicare, Domestic Violence, housing problems, Special Education issues, and Consumer issues.

Child Support Services of Tennessee - Cookeville office 1525 East Spring St. Suite G Cookeville, TN 38506 931-528-8598. helps in locate parents who are not paying child support. They will provide legal representation in child support hearings, they also provide paternity testing. **Counties: Putnam, Clay, Pickett, Cumberland, Overton, Jackson, DeKalb.**

Churches

Abundant Life Ministries 1100 College Street, Smithville TN 37166
Mike Murphy, Pastor 615 597-4554

Alexandria Church of Christ-109 West Main Street, Alexandria TN 37012
Tim Burton, Minister 615 529-4068

Alexandria Church of God 209 Edgewood Street, Alexandria TN 37012
Pastor Clifford Spence 615 529-1160

Alexandria First Baptist Church- 101 Locust St., Alexandria TN 37012
615-529-2674

Alexandria United Methodist Church 204 Church Street, Alexandria TN
37012 Pastor Wilson Williams,

Allen's Chapel Methodist Church- 1037 Coconut Ridge Rd., Smithville TN
37166 615-597-8476 Pastor Phillip Tollett

Baptist Tabernacle Church, The - 105 Braswell Lane, Smithville TN 37166
615-597-6527 Pastor Garry McBride

Buckner's Chapel Methodist Church 4030 Cookeville Highway, Smithville
Ronald Whited, Pastor 615 597-1601

Calvary Baptist Church- 830 Foster Rd., Smithville TN 37166
615-597-5458 Pastor B.J. Thomason

Carmel Center of Spirituality 610 Bluff Road, Liberty TN
Rev. Zachary Payikat, C.M.I., Director 615 536-5177

Cooper's Chapel Baptist Church- Dismal Rd., Alexandria TN 37012
Pastor Shannon Cantrell 615-536-5012

Covenant Baptist Church- 930 Short Mountain St., Smithville TN 37166
615-597-8269 Pastor Bobby Thomason

Dowelltown Baptist Church- West Main St., Dowelltown TN 37059
Pastor Wayne Malone

Dowelltown Methodist Church Church Street & US 70, Dowelltown
David Lunsford, Pastor 615 536-5758

Dry Creek Baptist Church- 5521 Dry Creek Rd., Dowelltown TN 37059
Pastor Donald Owens

Elizabeth Chapel Baptist Church- 1850 Allen Ferry Rd., Smithville TN
37166 615-597-6677 Pastor Bill Robertson

Emmanuel Bread of Life-Francis Foster Ministries
322 New Home Road, Smithville, TN 37166
Senior Pastor Elder Francis Foster

Faith Baptist Church- Old Sparta Hwy, Smithville TN 37166 Pastor Al
Mahan

First Assembly of God - 614 Murphy Street, Smithville 37166
Rev. Glenn Burks, Pastor 615 597-8055

First United Methodist Church 108 North Forth Street, Smithville
John C. Purdue, Pastor 615 597-4961 Visit our web page: First United
Methodist Church E-mail: smithumc@dtccom.net

Harvest Time Church, The- 150 Tabernacle Road, Smithville TN. 37166
Brother Robert Page, Pastor

Indian Creek Baptist Church- 1327 Hurricane Ridge Rd., Smithville TN
37166 Pastor Mike Carpenter 615-597-7299

Keltonburg Church of Christ 5526 Keltonburg Rd., Smithville TN 37166
Jimmy Wright, Minister 615-597-1866

Keltonburg United Methodist Church 5612 Keltonburg Road (State Route
288) Smithville, TN 615-597-7008 Tim Ferguson, Pastor

Laurel Hill Baptist Church- 7551 Sparta Hwy Sparta, TN 38583
615-761-5855 Pastor Ralph Benningfeild

Liberty Hill Presbyterian Church Liberty Hill Road, Alexandria

Rev. Bill Patton, Pastor

Liberty United Methodist Church Corner of Locust Street & Church Street,
Liberty TN 3705 Gary Taylor, Pastor

Lighthouse In-Home Ministry 7292 McMinnville Hwy. Smithville, TN
37166 Rev. Mildred Pataky (615) 597-6635

Lower Helton, Baptist Church- Lower Helton Rd., Alexandria TN 37012
Pastor Barry Whitaker

Malone's Chapel Baptist Church- New Hope Rd., Alexandria TN 37012
Pastor Mike Gay

Memorial Baptist Church- Dale Ridge Rd., Dowelltown TN 37059
Pastor Elmer Ellis

Mt. Herman Baptist Church- Cross Roads, Smithville TN 37166
615-597-4900 Pastor David Carden

Mt. View Primitive Baptist Church- Old Blue Springs Rd., Smithville TN
37166 Pastor Elder Paul Violet

Mt. Zion Baptist Church- 8647 Lower Helton Rd., Alexandria TN 37012
Pastor Dan Mallette

New Bildad Primitive Baptist Church- New Bildad Rd., Smithville TN
37166 Pastor Ricky Arnold

New Home Baptist Church- New Home Rd., Smithville TN 37166
Pastor Josh Hale

New Life United Pentecostal Church 860 South Congress Blvd, Smithville
Rev. Dwayne Cornelius, and Pastor Phone- 597-8979

New Union the Baptist Church- Wright Bend Rd., Smithville TN 37166
Pastor Anthony Pelham

Northside Church of Christ 512 N. Congress Blvd, Smithville TN 37166
Michael S. Roberts, Minister 615 597-1541 / 615 597-7794

People's Independent Missionary Baptist Church- Hwy 70 Dismal Rd.,
Liberty TN 37095. 615-536-5340 Pastor Jerry Driver

Real Life Community Church-301 S 3rd St., Smithville TN 37166
Pastor Don Davidson 615-215-7522

St. Gregory's Catholic Church 712 West Main, Smithville TN 37166
Rev. David Cooney, S.D.S. Pastor
615 597-1970 / 931 473-4932

Salem Baptist Church- West Main St., Liberty TN 37095 615-536-5340
Pastor Thomas Baines

Seventh-Day Adventist Church 1417 Midway Road, Smithville TN 37166
Elder Dennis Clark, Pastor 931 939-2807
615 597-1360 /615 597-7390 /615 597-8682

Smithville Church of Christ 520 Dry Creek Road (Armory Street),
Smithville Dan Gulley, Pulpit Minister Tim Woodward, Involvement
Minister 615 597-4159 /615 597-4199 Visit our Web Page:
www.smithvillechurch.org E-Mail: scoc@dtccom.net

Smithville Church of God-801 W Broad St., Smithville TN 37166
615-597-1419 Rev. Michael Farr 615 597-1419 Website:
<http://www.smithvillecog.com>

Smithville Cumberland Presbyterian Church- 201 South College St.,
Smithville TN 37166 615 597-4197 Pastor Larry Green e-mail
lgreensmithvillepres@dtccom.net; www.smithvillepres@dtccom.net

Smithville First Baptist Church- corner of Church and College St. Smithville
TN 37166 615-597-4275 Pastor Mark Bass www.smithvillefbc.org

Smithville Free Will Baptist Church- 500 Bright Hill St., Smithville TN
37166 Pastor David Young 615-597-5203

Smithville Nazarene Church 119 Dearman Street, Smithville TN 37166
Trent Colwell, Asst. Pastor
<http://www.smithvill nazarene.churchplanit.com>

Snow Hill Baptist Church- 470 Snow Hill Rd. Dowelltown TN 37059
615-597-2161 e-mail shbc@rescueteam.com Pastor Steve Puckett

Sycamore Missionary Baptist Church- 7165 Sycamore Creek, Library, TN 37095 Pastor Richard Williams 615-563-4205

Upper Helton Baptist Church- 217 Upper Helton Rd, Alexandria, TN 37012 615-529-2880 Pastor Jason Lohorn email brojason@charter.net website www.upperhelton.com

Webb's Chapel United Methodist Church- 6509 McMinnville Highway, Smithville TN 37166 615 597-4494 Pastor Tim Ferguson

West Main Baptist Church- 204 West Main St. Alexandria, TN 37012 615-529-2813 Pastor Amos Jarman

Whorton Springs Baptist Church – 2979 McMinnville Hwy. Smithville, TN 37166 615-597-6100 Pastor David Mahan e-mail wsbc@dtccom.net

Temperance Hall Pentecostal Church 216 Hayes Ridge Rd

Lancaster, TN 38567 Pastor: Serita Martin

Associate Pastor: Inez Taylor

Clubs

Alexandria FCE Club- Meets 3rd Wednesday Contact: Diana Junker 615-286-2770

Alexandria Senior Citizens- 118 Edgewood Street, Alexandria Contact: Diane Tatum 615-529-2928

American Legion- Meets 3rd Thursday of the month @ 6:00 PM Contact: Bill Patrick 615-597-1648

American Legion Auxiliary Meets: 3rd Thursday of the month @ 6:00 PM Contact: Ruth Redmon

American Red Cross 198 S Third St. Suite 5, Smithville, TN 37166

Contact: Linda Rogers 615-597-3166 615.250.4300 Fax: 615-597-9238

AMVETS Post 101- 3182 Sparta Highway, Smithville 615-597-7591

Boy Scouts of America - Contact: Brad Evans 615-597-1542

Chamber of Commerce- Contact: Suzanne Williams - Executive Director 615-597-4163 Chamber of Commerce Web Page

Come As You Are Contact: Jan Alexander 615-597-6069

Cub Scouts Contact: Sherry Carroll 615-597-4480

DeKalb Children's Services Council Contact: Clata Redmon 615-597-7991

DeKalb County Ministerial Association Contact: Michael Farr 615-597-1419 or Glenn Burks 597-8055

DeKalb Wellness Commission Contact: Shannon Railing 931-646-7508

E-Mail: shannon.railing@state.tn.us

DeKalb Youth Soccer League Contact: Judy Thomas 615-597-1224

Web Site: DeKalb Youth Soccer

Downtown Merchant's Association Contact Mr. Phillip Cantrell 615-597-4120

Education Foundation Contact: Tom Janney 615-597-1559

Girl Scouts Contact: Kathy Sweeny 615-453-2473

4-H Club Contact: 615.597.4945

Jaycees Meets: Contact: 615-597-9560

Jolly Angels Contact: Marsha Harrington 615-548-3381

Leadership DeKalb Contact: Jen Sherwood 615-597-4851

Liberty FCE Club Contact: Sue McGraw 615-536-5359

Liberty Senior Citizens Contact: Nancy Goad 615-536-5422

Alexandria Lodge # 175 Contact: Willie Jewel Huddleston 615-237-3871

DeKalb Lodge # 358 Meets: 1st Friday 10043 Nashville Highway, Liberty
Contact: Mike Johnson 615-597-1756

Liberty Lodge # 77 103 W. Market Street, Smithville Contact: Taft
Hendrixson 615-597-8334

Short Mountain Lodge # 373 143 Lassiter Road, Smithville Contact: Mr.
Dennis Rigsby, Secretary 615-597-6678

Scottish Rite Center Hill Restaurant Contact: Richard Lockhart 615-597-
6443

Operation Head to Toe Contact: Betty Turner 615-597-7905

United Way of DeKalb County 200 West Main Street
Smithville, TN 37166 615-597-1629 FAX: 615-597-8502

Smithville Women's Club contact: Melissa Roysdon 615-597-6933

Veterans of Foreign Wars- Contact Mr. Dixie Parsley 615-597-5995

Communications

Safe Link Wireless.com- Safe Link Wireless is a U.S. government supported program that ensures telephone service is available and affordable for low-income households. More than 812,000 households in Tennessee qualify for the services.

Afford-A- Phone- 1-800-772-8645 at www.dtcwireless.com

DTC Communications – 615-529-2955

Link-up -Offers to pay half the installation charge for new telephone service to a maximum of \$30; **Lifeline** – will provide a discount of up to \$13.50 per month on the local portion of your telephone bill; **Relay Services** – Free statewide assisted telephone services to those with speech, hearing, or visual impairment; **Budget Billing** – Helps with Utility bills.

Crisis/Child Abuse/Domestic Violence

DeKalb County Sheriff's Department- Smithville TN 37166

651-597-4935/911 Emergencies

Healing Hearts Counseling Center- 612 South Congress Blvd. Suite F
Smithville, TN 37166 - 615-597-HOPE (4673)

John & Kay Quintero, Mission Service Corp- Grief Support group 10 am -
Wednesdays , Smithville TN, 615-597-8978

(They provide support groups in boundaries, grief support, and dealing with past hurts)

Smithville City Police Department- Smithville TN 37166

615-597-8210

Plateau Mental Health- Crisis intervention program – hotline for persons of
all ages with mental health issues including addictions. The focus on making
referrals to existing services, may contact them at 1-800-704-2651.

Genesis House Hotline- Domestic Violence 1-800-707-5197 or 931-526-

4730

DISABILITIES

Children's Special Services- Smithville TN 37166 615-597-7590/597-7599
(Assists with the medical needs of children and young adults from birth to age 21. Offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Tennessee Department of Human Services – DeKalb County

Families First Program – Smithville TN 37166 615-597-4725

(Assists with Children's Issues, Disability Services, Food, Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)

Upper Cumberland Human Resource Agency – DeKalb County Smithville TN 37166 651-597-4504 (Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities:, Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)

Tri-State Resource Advocacy Corp. – Can provide assistance with ADA support, assistive devices, and children's services. Communication, education, employment assistance, housing assistance, (affordable accessible and limited modifications), income benefits b=mobility training, outreach, personal assistance, service to family members, Social Security benefits, ramps, recreational information, transportation, volunteer coordination and more. www.4trac.org or call toll free (800) 686-8724. Voice/TTY access available by calling (423) 892-4774.

Buffalo River Services- the goals of the agency are to provide comprehensive services to people with disabilities; call for more information at (931) 722-5401 or visit on the web at www.buffalo-river-services.com

Tennessee Voices for Children – Main office – 701 Bradford Avenue, Nashville, TN 37204 615-269-7751, Toll free: 800-670-9882. www.tnvoices.org. Speaks out as advocates for the emotional and behavioral well-being of children and their families.

Programs offered:

Statewide Family Support Network (SFSN): Provides support, information and training to parents/caregivers empowering them to navigate the complex child-serving system

Family Connection Program: Provides the tools they need to maintain children and youth with complex needs.

Teen Screen: Provides free screenings for youth statewide, helping to identify at risk teens for emotional and behavioral issues.

Early Childhood Programs: Provides onsite consultation and training to parents and staff associated with childcare.

Tennessee Respite Network: Provides information and referrals to parents/caregivers for respite services for all disabilities.

Tennessee Parent Information and Resource Center (TPIRC): Bridges the gap between schools and educationally and economically disadvantaged students and their

Compass Coordination- We provide independent Support Coordination Services for persons with developmental disabilities and their families. For more information call (615) 242-9500 or visit on the web at www.compasstn.org

Center for Independent Living of Middle Tennessee- The Center provides persons with disabilities opportunities to be self advocates and make their own decisions regarding living arrangements and everyday life. For more information call (615) 292-5803 or visit them on the web at www.cil-mt.org

Tennessee Rehabilitation Center – Physical Rehabilitation Services – provides rehabilitation services to persons with disabilities. Located in Smyrna, TN 615-459-6811 ext. 228, 231, or 230. Regional Office – 1605 Brown Avenue, Cookeville. 931-526-4721

Services for the Blind and Visually Impaired – 1000 England Drive, Suite C, Cookeville. 931-526-9576

Education/ Vocation

School Board -Director: Mr. Mark Willoughby 110 South Public Square
Smithville, TN 37166 (615) 597-4084 Fax: 615-597-6326
web.dekalb.k12tn.net

Smithville Elementary Principal: Bill Tanner Serves Kindergarten through
2nd grade. SACS Accredited Location: 221 East Bryant Street, Smithville
615-597-4415

Northside Elementary- Principal: Gayle Redmon Serves grades 3 through 5
SACS Accredited Location: 400 North Congress Blvd., Smithville
615- 597-1569

DeKalb Middle School-Principal: Randy Jennings Serves grades 6 through 8
SACS Accredited Location: 1132 West Broad Street, Smithville TN 37166
615-597-7987

DeKalb West- Principal: Danny Parkerson Serves Kindergarten through 8th
SACS Accredited Location: 101 Bulldog Lane, Liberty TN 615-536-5332

DeKalb County High School- Principal: Kathy Hendrix Assistant Principal:
Patrick Cripps and Jonathan Fontanez SACS Accredited Location: 1130
West Broad Street, Smithville TN 37166, 615-597-4094

DeKalb County Adult Basic Education- Smithville TN.
615-597-6235/215-2109

They offer ESOL, GED, Adult High School Basic Computer Training
(Assists adults to further their education)

Food/Clothing/Gas/Utilities

Allen's Chapel Methodist Church- Smithville TN. Food Pantry – available most every day, must call first. Bread Ministry - Saturday mornings 9:00 a.m. – 11:00 a.m. Clothing, School Supplies. 615-597-8476

American Red Cross- One South Jefferson, Suite 201, Cookeville. The Red Cross Cookeville Office will be open Tuesdays and Wednesdays from 8 am – 4pm and can be reached at (931)528.3475. Clothing/Food/Shelter (in the event of a disaster - house fire). 615-597-3166

Angel Food Ministry – through First Assembly of God, 614 Murphy Street, Smithville, TN. 615-597-8055. Groceries sold at \$30 per unit, each month's menus are different. All orders must be pre-paid.

Dry Creek Baptist Church- Smithville TN. Food/Clothing. 615-597-5042

Elizabeth Chapel Baptist Church- Food /gas on a limited basis. 615-597-6677

First Assembly of God- Clothing/Food. Contact Anita Patrick or Belinda Foutch 615-597-8055

First Methodist Church- Food Ministry open on Tuesday-Friday 7:30 am-3:30 pm limited to one time out of every quarter (3 months) per household unless emergency records will be kept. Clothing Ministry – 2 times a month. 1st and 3rd Monday 10-12 or by appointment, at the Fellowship Center. Contact: Susan Parham - 615-597-4961

Keltonburg Church of Christ- Smithville TN. Food/Clothing 615-597-4196

Lighthouse In-Home Ministry 7292 McMinnville Hwy. Smithville, TN 37166 Rev. Mildred Pataky (615) 597-6635 – Food/clothing

Operation Head to Toe- helps provide clothes for school age children Contact: Betty Turner 615-597-5920

Smithville Church of Christ- Smithville TN. Food/Clothing/ Utilities on a limited basis. Contact Tim Woodard or Donna Gully, Mon – Fri 8:00 a.m. 12 Noon Application form required, 615-597-4159 615-597-8810_

Smithville Church of God- Food/Utilities/Gas on a limited basis. Contact Evelyn Underwood 615-597-1419, Monday – Thursday 8-2. Application form required.

Smithville Cumberland Presbyterian Church – Food Pantry/Gas/Utilities –on a limited basis. Application form required. 615-597-4195

Smithville First Baptist Church – Food as needed (application form required). Contact Jeanine Cook 615-597-4245

Snow Hill Baptist Church- Food ministry open days vary 615-597-2161

Students Taking a Right Stand- helps with food, clothing, furniture, and utilities at DeKalb Middle- Monday, Wednesday, and Friday 615-597-7987 and at DeKalb West- Tuesday and Thursday (615)536-5332 contact person is Sandra Vantrease

Tennessee Department of Human Service – DeKalb County. Families First Program. Smithville TN 615-597-4725. Assists with Children’s issues, Disability Services, Food, Health, Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities.

DTC Communications – 615-529-2955

Link-up -Offers to pay half the installation charge for new telephone service to a maximum of \$30; **Lifeline** – will provide a discount of up to \$13.50 per month on the local portion of your telephone bill; **Relay Services** – Free statewide assisted telephone services to those with speech, hearing, or visual impairment; **Budget Billing** – Helps with Utility bills.

Housing

Associates Management Company- income based apartments 670 Miller Rd. Smithville, TN 37166 615-597-6330

Bell Street Apartments- income based apartments 318 Bell St. Smithville, TN 37166 615-597-1276 (Low income housing)

Center Hill Village Apartments- 1222 South College St. Smithville, TN 37166 615-597-8449 (Low income housing)

Evins Manor Apartments- income based apartments 848 Foster Rd. Smithville, TN 37166 615-597-5902(Low income housing)

Fiddlers Manor Apartments- 712 Walker Rd. Smithville, TN 37166 615-215-9167 Senior Citizen only (Low income housing)

Royal Oaks Apartments-_Smithville TN 37166 615-597-6330 (Low income housing)

Rural Development (USDA)- Families and Individuals who do not own suitable housing must be unable to obtain credit from other sources on terms and conditions they can reasonably expect to fulfill. They help low income families buy or build a home. They also help repair homes of low income families by providing a loan to the family.

390 south Lowe Ave., Suite K Cookeville, TN 38501

Phone Number: 931-528-6539

Smithville (DeKalb County) Housing Authority- This program offers low income or no income housing. 415 Jackson St. Smithville, TN 37166 615-597-4140 or the Alexandria office 615-529-2197

Cookeville Rescue Mission – Provides shelter for the hurting and homeless people living or passing through the Upper Cumberland Region. 1331 South Jefferson Avenue. Director – Brother Larry Self. 931-528-5819.

Job Assistance

Department of Human Services – Assist with Families First helps find jobs see above page with all the DHS offices.

Employment Security- Smithville TN. 615-597-5042

Kelly Services – Smithville, TN 615-215-8900

NHC Healthcare- Smithville TN. 615-597-4284
(Offers training and employment as a Certified Nursing Tech {CNT})

UCHRA Career Center- Assist with job training and job placement (see above page with all the URCHA listings)

Legal Help

Aging Services for the Upper Cumberland – Provides free legal assistance in areas of law specific to the elderly, to eligible persons 60 years of age and older. (615) 597-7575 _DeKalb office. Main office – 1225 South Willow Avenue, Cookeville. 931-432-4210

Tennessee Justice Center – Advocates for families in need who are denied rights under TennCare. 301 Charlotte Avenue, Nashville. 615-255-0331, Toll-free 877-608-1009

Legal Aid Society, Cookeville office

9 South Jefferson Avenue, Suite 102, Cookeville, TN 38501
528-7436 in Putnam County or 1-800-262-6817 DeKalb County residents are eligible

Legal Aid helps people for FREE. What kind of cases do they take?

They only take civil cases. For criminal case, call the Public Defender's office.

Health Care and Insurance problems

- Getting TennCare or Medicaid
- Problems with TennCare or Medicaid
- Health insurance
- Problems getting health care

Housing problems

- Eviction
- Getting into public housing
- Repairs not done
- Section 8 housing problems
- Gas, water or lights being cut off
- Discrimination
- Advice on buying a home
- Some rent problem cases

Money problems

- Families First
- Food Stamps
- Getting unemployment checks
- Bill collectors
- Gas, water or lights being cut off
- Pay check being garnished
- Having things repossessed

- Getting SSI for children with disabilities
- Social Security or SSI paying you too much and then taking it back
- Crime victims' compensation
- Not having to pay some school fees
- IRS tax problems
- Getting child tax credit and Earned Income Tax Credit

Family problems

- Getting a divorce if you are being abused
- Helping you get an Order of Protection if you were hit or threatened
- Helping children with disabilities get what they need from the school system
- Getting guardianship so you can put a child in school

Other things Legal Aid does:

- Speaks to groups about legal rights and getting help in the community. We speak to senior centers, laid-off workers, job training classes and shelters for abused women.
- Gives advice to groups that work with low-income people.
- Tells low-income people about their legal rights. We use public meetings, radio, TV and newspapers.
- Helps people find private lawyers and others to help with their problem.

The Cookeville office of the Legal Aid Society covers 10 counties:
Clay, Cumberland, DeKalb, Fentress, Jackson, Overton, Pickett, Putnam, Van Buren

Disability Law and Advocacy Center of Tennessee- If you think you are being discriminated against due to your mental illness, please contact DLAC of Tennessee's toll-free hotline to provide a specific description of your situation You can reach DLAC'S free hotline by calling 1-800-342-1660 or TTY 1-888-852-2852

MEDICAL

Dental Providers

(Who may not take TennCare, but offer services to low-income families)

DeKalb County Health Department-Smithville TN 37166

615-597-7590/597-7599

Dr. John Dedmon-Smithville TN 37166 615-597-7590/597-7599

(Friday only by appointment/under 21 years of age only)

Medical Providers who take TennCare:

DeKalb Community Hospital- Smithville, TN 37166 615-215-5000

(Assist in emergency medical needs)

DeKalb County Health Care Health Department- Smithville TN 37166

615-597-7590/597-7599

Family Medical Center- Smithville TN 37166 615-597-4395

Physicians: Dr. Thornton Bryan III; Dr. Steven W. Cooper; Dr. Doug Hooper; Drs. Jack and Kevin Rhody; Dr. William Sherwood

Other:

Dr. David Foutch, O.D. Smithville TN 37166 615-597-2255

Dr. Starla Meigs, O.D. Smithville TN 37166 615-597-4218

Dr. J.C. Wall, Jr., M.D. Smithville TN 37166 615-597-4005

Medical Providers who may not take TennCare, but offer services to low-income families:

DeKalb County Health Care Health Department- Smithville TN 37166

615-597-7590/597-7599

DeKalb Community Hospital- Smithville, TN 37166 615-215-5000

(Assist in emergency medical needs)

Medicine

The following list is web sites and phone numbers that you might get some assistance with medicine cost:

www.pparx.com 1-888-477-2669

www.rxhope.com 1-732-507-7400

www.togetherrxaccess.com 1-800-444-4106

www.freemedicinefoundation.com 1-573-996-3333

www.freemedicineprograms.com 1-800-921-0217

www.rxoutreach.com 1-800-769-3880

www.freexassisistance.com 1-877-792-7747

Wal-Mart, Kroger, and Target have \$4.00 prescriptions

Mental Health Services

Plateau Mental health Center- Burgess Falls Rd. Cookeville, TN 38501
931-432-4123 (Putnam, White, Jackson, Smith, and DeKalb)

Dennis Weeks, LPC Cumberland Counseling Services 34 North Jefferson
Ave. Cookeville, TN 38501 931-528-2371

Patricia Elliot, MS- 441 E. broad St. Suit C Cookeville, TN 38501
931-526-1188

Personal Growth and Learning Center- 509 North Cedar Ave. Cookeville,
TN 38501 931-520-8435

Scott Herman, LPE- 225 North Willow Ave. Cookeville, TN 38501
931-537-2174

LifeCare Family Services- 137 West 2nd Ave Cookeville, TN 38501
931-528-0051 or 877-881-0359

Psychological Group- Dr. Chris Edwards and Dr. Larry Edwards- 441 East
Broad St. Cookeville 931-520-0535

Haven of Hope Classes Class times and Availability varies – Call for more
info. Most Commonly Offered Classes: Setting Boundaries in Your Life –
Being in control Recovery Support Group – hurts, habits, and hang ups.
Grief Support – for those suffering a loss – most common death. 597-8978

Healing Hearts Counseling Center- 612 South Congress Blvd. Suite F
Smithville, TN 37166 - 615-597-HOPE (4673)

SUPPORT GROUPS

Upper Cumberland Relative Caregiver program- Support groups available in both day and evening settings, groups for adults and children, information and referral , Emergency assistance for unmet needs upon availability, short term case management, Recreational Actives, and Educational training/ Workshops. DeKalb County meets every 4th Wednesday at 8:30-9:30 a.m. First Methodist Church 108 Fourth St. Smithville, TN 37166 you ay contact this program at 1-877-275-8233

Prospect INC- Eligibility for Family Support is not based on family income; Family Support helps individuals with disabilities live with their families. A person with a disability can live independently and receive Family Support this may be contacted at 615-449-5356 or 615-597-7972

PARENTS- Parents Association for the rights of educating Non-Traditional Students in a family support group whose purpose is to help make life for persons with disabilities and their families as near normal as possible Contact (865) 688-4929 or write to JMarshTN@aol.com

NAMI Cookeville – Support group for families with severe mental illness (Depression, Bipolar disorder, Schizophrenia) Meets the 2nd Tuesday of each month, 11:00AM at the Shoneys on South Jefferson. PO Box 2915, Cookeville. 931-528-0086 or 931-252-4211

Caregivers Support group – University Medical Center, McFarland Campus. 4th Tuesday of each month from 3:30-4:30 Meets in the Reflections Program Area at McFarland Hospital, First Floor. For more information, contact Beth Goodner, LCSW – (615) 449-050

TRANSPORTATION

UCARTS- anyone can ride one way a \$1.00, you can go shopping, banking visit friends and family! Go anywhere in DeKalb County you want. Call for a schedule of zones and routes at 615-597-4504

AmeriGroup participants – free rides for **medical** appointments – 1-866-680-0633

AmeriChoice participants – free rides for **medical** appointments – 1-866-416-9209

Blue Care/Tenn Care Select:

Blue Care East Grand Region – 1-866-473-7563

Blue Care West Grand Region – 1-866-473-7564

Tenn Care Select – 1-866-473-7565